PRESTON YOUTH SERVICE BUREAU YOUTH ADVISORY BOARD
REGULAR MEETING
Wednesday, March 20, 2019
4:00 pm.
Preston Town Hall

Members Present: Dr. Roy Seitsinger, Ray Bernier, Robert Congdon, Robert Onderdonk, Rachel Tucker, Resident State Trooper Armando Bettini
Members Absent: Reverend Stan White, Hannah Crary, Ivy Davis-Tomczuk
Also Present: Amy Brosnan, Parks & Recreation Director, Heather Helwig, Assistant Parks & Recreation and Roberta Charpentier, recorder

1st Selectman Congdon called the meeting to order at 4:00 pm.

1. Acceptance of previous meeting minutes
   i. January 23, 2019 – Regular Meeting

A motion was made by Rachel Tucker and seconded by Raymond Bernier to accept the January 23, 2019 Regular Meeting Minutes as presented.
All in favor. Motion carries.

2. Presentation- United Community & Family Services (UCFS)
Deb Hinchey, Vice President Behavioral Heal Services

D. Hinchey explained some of the programs UCFS has to offer for children;

- Evidence Based Practices programs for kids who have experienced trauma.
- UCFS does a lot of work with schools.
- Dental clinics
- Psychiatric and medical assistance
- Assistance is based on need, not ability to pay.
- Autism Program is headed by a renowned autism specialist originally from the University of Pittsburgh.

1st Selectman Congdon explained that Preston's Youth Service Board previously had focused more on trips and socialization and not enough on counseling, and are now trying to reinvigorate the Board and come up with a plan to better use Youth Services for what it was designed for.

D. Hinchey stated that UCFS would be able to bring a clinician to the school to run an 8 week group.

A motion was made by Rachel Tucker and seconded by Raymond Bernier to approve funding 1 Social Learning Group at Preston Veteran's Memorial School and if UCFS have the resources a 2nd Social Learning Group at Preston Plains Middle School for $7,000.00.
All in favor. Motion carries.
A motion was made by Rachel Tucker and seconded by Raymond Bernier to expend the sum of up to $3,000 to support individual Preston families with Social Services needs with Youth Services deciding how those funds are disbursed.
All in favor. Motion carries.

A motion was made by Rachel Tucker and seconded by Ray Bernier to authorize 1st Selectman Congdon, Chairman of Youth Services, to sign the contracts with UCFS.
All in favor. Motion carries.

3. Programs & Activities

i. DARE
Armando Bettini stated that DARE ended on Monday. It was a good session and the kids were great. They were very appreciative and glad to be in the Program.
Amy Brosnan and Heather Helwig were a big help.

ii. Homework Club
Amy Brosnan stated that it is going well at both schools.

iii. Additional program & activities ideas
Amy Brosnan stated an internet safety workshop has been scheduled for April 2nd at Preston Plains School.
High School give-back is planned for June 20th.

iv. Other ideas
Rachel Tucker stated that during Spring Break nothing is planned and parents work so maybe there could be an open gym or a trip planned for that week.
Heather Helwig stated that plans are being made to hold a Session at the Middle School on Healthy Social Relationships.
Heather Helwig stated a Mindfulness Assembly is being planned for the Elementary School.

Amy Brosnan stated that Reverend Stan White has asked to be replaced as a member because he is too busy at the church.

4. Public Comment
No Public present

5. Adjournment
A motion was made by Ray Bernier and seconded by Robert Onderdonk to adjourn the meeting at 5:12 pm.
All in favor. Motion carries.

Respectfully submitted,

Roberta Charpentier