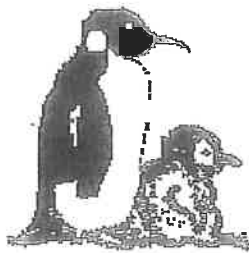


BITS & PIECES



FROM FRAN

October & November 2019

Annual Flu – Pneumonia – Shingles Clinic:

As a reminder, Wednesday, October 16th is the date of our annual clinic. Persons who have registered for the clinic will have received written correspondence regarding the event or in some cases, personal contact or a telephone call. We will have a volunteer assisting with the parking arrangements. Handicapped parking is available in the rear of the building. If you need to use a wheel chair, please call the Senior Affairs Office in advance of clinic day to ensure that one will be available for you. We ask that if possible, that you remain with us for 10 to 15 minutes to ensure that you do not encounter any adverse reaction to the injections. This will give you a great opportunity to visit with friends and neighbors and partake in a light refreshment.

PVMS Luncheon and Volunteer Reading Program:

We're happy to announce that our Luncheon and Volunteer Reading Program will begin on WEDNESDAY, NOVEMBER 20TH and continue on Wednesday, December 18th. The Volunteer Reading Program will begin at 10:30 a.m. . Lunch will be served at 11:00 a.m. Please register for the program of choice. Phone 860-887-5581 ext. 6 or a sign-up sheet is available at the Preston Senior Center. The menu for the November luncheon has not been determined at this date.

Renters Rebate Program:

For those who have successfully completed their Renters Rebate application, OPM (Office of Policy and Management) has indicated that the checks are scheduled to be released on October 25th. As of this date, there has not been any notification that the grant calculations will be reduced.

Energy Assistance Program:

If you are having difficulty paying your utility bill, especially during the winter heating season, please note that the Senior Affairs Office does assist Preston residents in completing the application. The first day for fuel deliveries that can be paid by the program is November 13, 2019. If you are unsure as to whether you qualify for the program, please call the Senior Affairs Office at 860-887-5581 ext. 6 with your questions or to set-up an appointment.

Foot Health Center:

Appointments are available for the October 30th Foot Clinic at the Lisbon Senior Center, Newent Road, Lisbon from 9:00 – 12:00. Please contact the Lisbon Senior Center directly to schedule your appointment with Dr. Walter. The telephone number is 860-376-2329. Bring insurance cards and photo identification to your appointment. Most insurances accepted (no Title XIX or Husky). Co-pays and deductibles apply. House calls for housebound patients may be arranged. If not covered by insurance, the first visit is \$45.00 and follow-up visits will be \$35.00.

Café Program:

Our October menu consists of the following meals. Our program is closed on Monday October 14th in observance of Columbus Day. On October 21st the menu will consist of Broccoli & Cheese Stuffed Chicken, Garlic Roasted Potatoes, Mixed Vegetables Medley, Fruit Cocktail, bread, butter and beverage.

On October 28th we will serve Applesauce & Sage Glazed Pork Loin w/Root Vegetables, rice Pilaf, Broccoli, Sweet Treat, Apple Juice, bread, butter and beverage.

Lunch reservations must be made to participate in the program. Please call by the preceding Thursday for a luncheon reservation on Monday. The telephone number at the Preston Senior Center (Monday AM, Tuesday & Thursday 1 – 4 PM) is 860-889-0770 or leave a message with your name, telephone number and reservation information at 860-887-5581 ext. 6.

There is a suggested donation of \$3.00 per person (60 years of age and older) to participate in this program.



TOWN OF PRESTON
TOWN OFFICES
389 ROUTE2
PRESTON, CONNECTICUT 06365-8830

Preston's Next First Selectperson – Debate Mark Your Calendar

The Day Newspaper will be hosting a Debate between candidates for First Selectman/woman on Thursday, October 17, 2019. The Debate will be held at Preston Plains Middle School at 7:00 pm.

This is a very important event for all Preston residents. It will showcase the candidate's qualifications for the position along with their plan and vision for the future. The Day will accept written questions from those attending the Debate. We encourage you to attend and learn about Preston's future leadership.

Be prepared for when you vote on Tuesday, November 5!

WINDMILLS OF BRITAIN

ALFORD OVER THAXTED WICKEN

BOCKING RAYLEIGH TIPTREE YORK

BOURN SANDWICH UPMINSTER

BRILL STANSTED WALTON

BRIXTON T H A X T E D N B S I N U

CHARING T K V H L T J R A B E F P

CHISLET C B R I X T O N O K B A M

DENVER R R B O F T D C C F C S I

FRAMSDEN Y E E R Y W K I R E L T N

HERNE J E K V I I W H T O C A S

MADINGLEY O T L C N L F E E H M N T

MORCOTT W I H G I E L Y A R R S E
 A P W K N S D R P U N T R
 L T R U I I I K O V A E C
 T R D H R N D B H H V D Y
 O E C V G H J A W O X A C
 N E D S M A R F M O V Y Z

My Favorite Sayings:

A sound argument doesn't require a lot of sound.

Useful information is anything you wish you had known sooner.

The best birthdays of all are those that haven't arrived yet.

If you have an hour to spare, don't spend it with someone who doesn't.

One may round out a good life by square dealing.

Kindness is the sunshine in which virtue grows.

Age is not the years of your life but the liveliness of your years.

The best flattery-free compliment is imitation.

The Friends of the Preston
Library
Welcome
Margaret Gibson
Connecticut's Poet Laureate



Join us as we welcome Preston's own
Connecticut Poet Laureate.

Tuesday, Oct. 29, 2019

6:30 pm

Preston Public Library
389 Route 2, Preston

Margaret will be reading a selection of poems from books and new poems that have to do with Nature and the environment. Come and help us celebrate poetry.

Please call the library at 860-886-1010 to reserve a spot for this free program.