

BITS & PIECES



FROM FRAN

September 2020

Annual Flu & Pneumonia Clinic:

DRIVE-THRU Clinic: Due to the COVID-19 pandemic, we will offer a drive-thru clinic this year. For those individuals who have participated in past clinics, the process will be much easier this year as all of the important information will already be in the computer system. You will still need to register in advance of the clinic. I ask that you leave your name and telephone number, specify whether you are interested in receiving the flu vaccine or pneumonia vaccine. Please call 860-887-5581 extension 6. I will contact you with regard to any changes to your insurance coverage which occurred since our last clinic.

For new participants, you must register in advance and the intake will take a little longer to complete but, by doing this, the process will be much smoother during clinic day. Our Annual Flu & Pneumonia Clinic will be conducted on **WEDNESDAY, OCTOBER 14th** from 10:00 a.m. until 12:00 p.m. We will be accepting **ALL INSURANCE** providers. That means whether you are on Medicare, Medicaid, United Health, Blue Cross, Blue Shield, etc., we will have the ability to bill your insurance carrier. Individuals insured by **MEDICARE** do not need to bring proof of coverage but, we will need to know what your new Medicare number is. If you are insured by a different insurance carrier and have a separate RX card, we will need to know that information too.

The date of our Annual Flu & Pneumonia Clinic will be WEDNESDAY, OCTOBER 14th from 10:00 a.m. until 12:00 p.m. at the Preston Senior Center, 42 Long Society Road, Preston.

We are attempting to make the process as seamless as possible considering that this is a totally new undertaking for us. We hope that you will consider receiving your flu & pneumonia vaccine from us.

Please register for the Flu & Pneumonia clinic as soon as possible. The telephone number is 860-887-5581 ext. 6.

Mobile Food Pantry:

On Wednesday, September 30th from 10:00 a.m. to 11:00 a.m. we will be offering a drive thru food distribution. We are hosting the event in partnership with United Community & Family Services and Gemma E Moran United Way/Labor Food Bank. It's a very easy process, you remain in your vehicle, unlatch the trunk lid of your car and UCFS staff will place a large bag of groceries in and off you go! Don't hesitate to utilize the service, it's a helping hand and not a handout.

Senior Center Operations:

Unfortunately for us, the Preston Senior Center remains closed at this time. Guidance from the State of Connecticut discourages reopening of the Congregate (Cafe) Program but it is under consideration for the near future. Some of the larger senior centers have started reopening specific events as of September 1st.

Assistance continues to be provided to individuals applying for Food Stamps (SNAP), Energy Assistance, Title XIX, etc. but, just in a different way. Limited face-to-face meetings are planned and every effort is made to conduct business by telephone. I know it isn't the same but, it is a way of keeping everyone safe and getting the job done in a slightly different way.

We are making some necessary repairs to the center during this down time. The interior has a fresh coat of paint, the outside has been power-washed, small repairs are being made to our entrance ramp and shrubs have been trimmed. All of this in anticipation of your return.

The thing that is missing is the lively conversations between peers, the bantering between card players and the aroma of freshly brewed coffee.

We look forward to the day when we again open our doors and welcome our friends back with open arms and the assurance that they can be safe.

My Favorite Sayings:

Each day can be grasped by either of its two handles, worry or faith.

Memory---what makes you recognize a person, but doesn't give his or her name.

The foolish go in search of happiness; the wise seek it within themselves.

Between being called "good-looking" and "looking good" are about 20 years.

• If at first you don't succeed, try following directions.

A kindness can never be done too soon, for soon it may be too late.

"Under advisement" often means "We haven't figured it out yet."

Cocks crow early because they can't get in a word after the hens get up.

Drive-N-Dine:

On Thursday, September 17th we will be hosting a Drive-N-Dine at the Preston Senior Center, 42 Long Society Road. Our plans are to schedule an arrival time as 11:30 a.m. with lunch being served to you (in your vehicle) at approximately noon.

The menu consists of hamburgers, hot dogs, baked beans, macaroni salad and Italian Ice for dessert. **It is necessary to sign-up in advance!** We need your name, telephone number, number of hot dogs/hamburgers you plan on eating at our event. (sorry, no home deliveries). The telephone number to call is 860-887-5581 extension 6.

If all goes as planned, we will have someone take your meal order upon arrival, prepare it and have a car hop deliver it to your vehicle. We will have a few tables and chairs available for persons interested in eating outside of their car. It is also imperative that all participants wear facial coverings (masks) while ordering food and when it is delivered to your car. If outside seating is utilized, remember the 6' distance observance.

We will have the pleasure of having Lenny Domina entertain during and after the event so, come listen to some wonderful music, visit with friends and have a nice meal. Max parking capacity is 25 vehicles so, sign-up soon we don't want you to miss our program.

Reminder:

Energy Assistance Application are currently being processed at the Preston Senior Affairs Office. The process is a little different but, we make it work! And its not too early to apply. Call 860-887-5581 x 6 to set up an appointment or to answer your questions.

SOCIAL GROWTH

A	C	T	I	V	I	T	I	E	S	A	G	B
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E	S	P	L	T	J	O	Q	H	T	E	G	S
C	J	E	L	E	S	D	I	K	E	S	A	E
R	S	U	V	D	A	G	A	P	C	S	N	R
E	D	T	Z	I	E	D	O	F	M	P	I	E
A	V	H	I	H	T	V	E	A	A	S	Z	T
T	M	N	L	F	G	A	E	R	L	X	A	N
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O	R	A	M	Y	G	N	I	R	O	S	I	M
N	L	E	Y	S	T	K	E	P	C	P	O	Q
P	S	L	N	S	S	N	A	B	U	N	N	V

CREATIVE

DEVELOP

DISCOVER

GAMES

GOALS

GROUPS

INTERESTS

INDUSTRY

ACTIVITIES

ADJUST

ADULTS

PARENTS

PEERS

PLAY

TEAMS

ADVANTAGES ORGANIZATION RECREATION LEADERS LEARN SKILLS

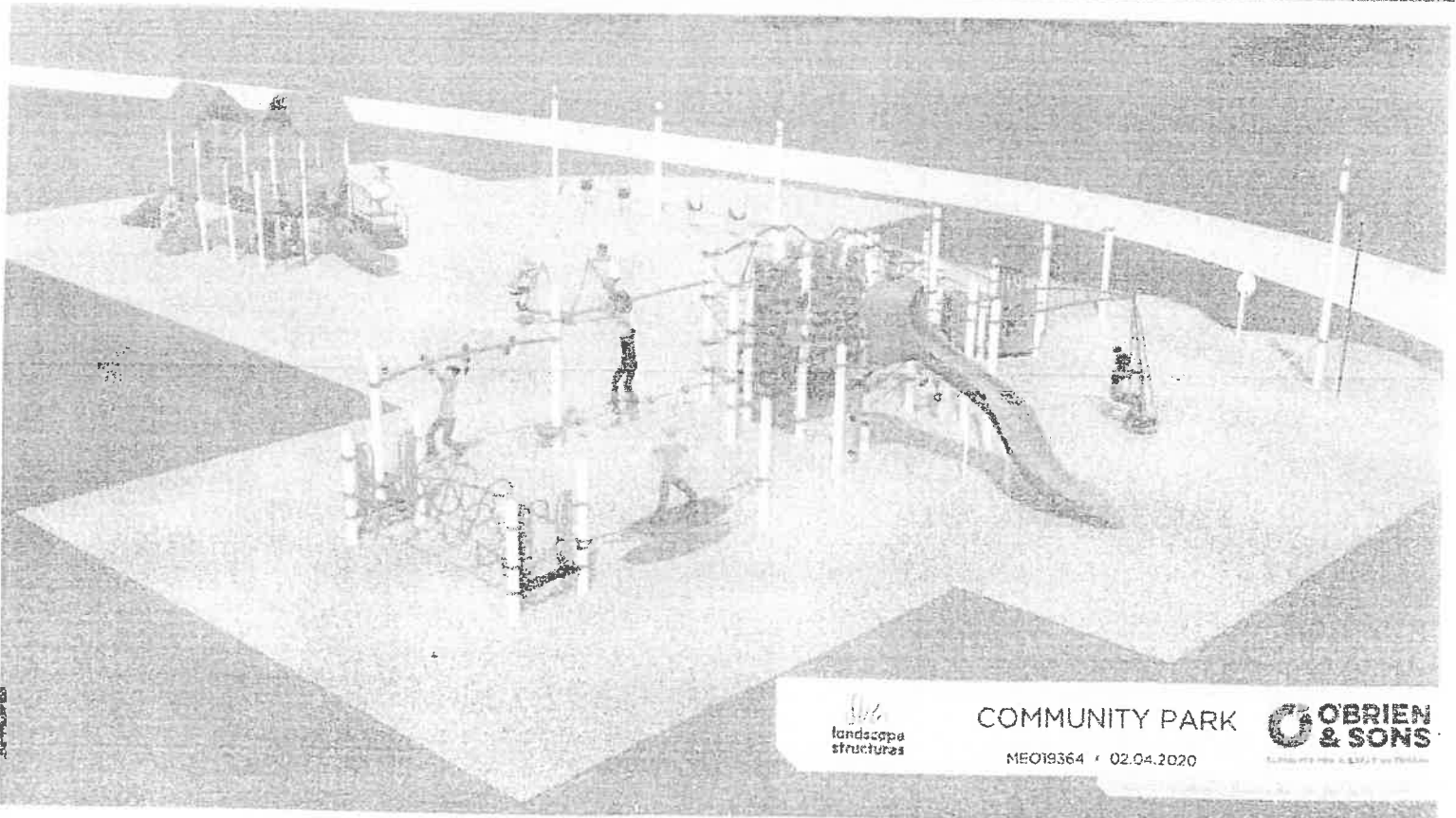
PRESTON COMMUNITY PARK PLAYGROUND COMMUNITY BUILD

Saturday, September 12 & Sunday, September 13, 2020

8:00 am - 4:00 pm

VOLUNTEERS NEEDED!!

We are gathering volunteers from the community to help us build our new playground. There will be work available for all skills and abilities!! We need 40-50 volunteers per day!! To volunteer, please contact Preston Parks & Recreation by phone at (860) 887-5581 x113, email recreation@preston-ct.org or register online at www.preston-ct.org to volunteer!!



landscape
structures

COMMUNITY PARK

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O'BRIEN
& SONS

LANDSCAPE ARCHITECTURE & CONSTRUCTION