

BITS & PIECES



FROM FRAN

May & June 2018

Meeting with Preston School Superintendent, Dr. Seitsinger:

We have scheduled an informal meet-and-greet meeting with our new Preston School Superintendent on Monday, May 14th at 10:30 a.m. at the Preston Senior Center, 42 Long Society Road. Dr. Seitsinger is interested in speaking with the senior community. This will be a good opportunity to bring your questions, concerns, likes and have them addressed in a non-stressful Public Hearing forum. We will serve coffee/tea and possibly a cookie or two to attendees. Please register for this program by calling 860-887-5581 extension 6 as seating is limited.

Please note that this is also the day of our Congregate Meal Program. It is not necessary to participate in BOTH the Congregate Meal Program, and the meet-and-greet program. You can participate in one or both programs if you wish. The Congregate Meal luncheon will be served at 11:30 a.m. If you are interested in attending the Congregate Meal, please indicate that desire when registering for the meet-and-greet program with Dr. Seitsinger.

Renter's Rebate of Elderly and Totally Disabled Program:

The Renter's Rebate Program includes the following requirements for participation:

1. The claimant must have resided in Connecticut for a one-year period of time prior to filing an application.

2. Claimant, or spouse, if domiciled together, must have been 65 years of age by the end of the calendar year preceding the filing period; or be 50 years of age or older and the surviving spouse of a renter, who at the time of his/her death, had qualified and was entitled to tax relief. Persons under 65 years of age who are receiving Social Security or disability benefits deemed comparable by the Secretary of OPM are also eligible (applications filed under the disability provision must be accompanied by current proof of disability).

3. The qualifying income guidelines for the calendar year 2017 must not exceed \$43,000.00 for a married couple and \$35,300.00 for unmarried individuals.

4. Qualifying income is considered wages, bonuses, commissions, gratuities and fees; self-employment net income; gross Social Security benefits, Federal Supplemental Security Income, dividends, interest, annuities; IRA distributions, Black Lung payments; Green Thumb payments; interest resulting from gifts received; Lottery winnings; net rental income, pensions, Railroad Retirement; severance pay, Unemployment Compensation, Workers Compensation, Alimony, etc.

5. The applicant must provide proof of rent and utilities payment during the 2017 calendar year.

Individuals wishing to schedule an appointment for the Elderly Renter's Program can call 860-887-5581 ext. 6. Appointments will be scheduled at three separate locations; the Preston Town Hall, Preston Senior Center and Lincoln Park Housing complex. Application filing period concludes October 1, 2018.

Foot Health Center:

Dr. Thomas H. Walter, D.P.M. will be at the Lisbon Senior Center on Wednesday, May 30th from 9:00 a.m. – 12:00 p.m. Openings are still available. Please call 860-

376-2329 to schedule an appointment. Please remember to bring insurance cards and a photo ID. Most insurances accepted (no Title XIX or Husky). Co-pays and deductibles apply. House calls available for homebound patients. If non-covered: Cost is \$45.00 for initial visit and \$35.00 for follow-up visits.

Congregate Meal Program Menu:

Our Congregate Meal Program is open to persons 60 years of age and older. If you plan on attending the Monday program, you must register in advance by telephoning 860-887-5581 ext. 6 or 860-889-0770 on the Thursday prior to the Monday meal. We are closed on holidays and when we are faced with cancelling because of SNOW!!! Our menu for the month of May is as follows:

May 7th: Salisbury Steak w/gravy, mashed potatoes, stewed tomatoes, fresh fruit, bread, butter and beverage.

May 14th: Chicken & Broccoli Alfredo, baked ziti, mixed vegetables, fruit cocktail, bread, butter and beverage.

May 21st: Stuffed Shells w/marinara, carrot coins, bean medley, applesauce cup, bread, butter and beverage.

May 28th: Program closed in observance of Memorial Day.

There is a suggested donation of \$3.00 per meal.

Application Deadline is May 15th:

To serve as a reminder, the Elderly and Totally Disabled Homeowner application deadline is **May 15th**. If this is your year to reapply the deadline is fast approaching. Call 860-887-5581 ext. 6 to schedule an appointment.

PVMS Luncheon and Volunteer Reading Program: May 17th will conclude our luncheon and volunteer reading program for this school year. Volunteer Readers are asked to arrive by 10:30 a.m. The luncheon will be served at 11:00 a.m. SPECIAL THANKS TO A GROUP OF FABULOUS VOLUNTEER READERS !

Five Things to Know About the New Medicare Cards

New Medicare cards begin rolling out this month. The biggest change consumers will notice is the removal of their social security numbers from the cards as part of an effort to reduce the risk of identity theft. The new cards will be rolled out between April 2018 and April 2019, and beneficiaries should be sure to destroy their old Medicare cards upon receipt of the new card.

NCOA (National Council on Aging) has created a summary of the five most important things to know about this process:

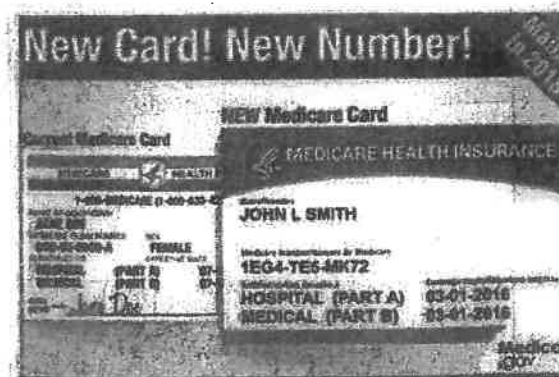
by: *The My Medicare Matters Team*

“Beginning April 2018, the Centers for Medicare and Medicaid Services will be sending new Medicare cards to beneficiaries. The new cards are being sent to decrease Medicare beneficiaries’ vulnerability to identity theft by removing the Social Security-based number from their Medicare identification cards and replacing it with a new unique Medicare Number.

Here’s what you need to know before they arrive.

1. Medicare cards will be sent between April 2018 and April 2019. Make sure your address is up to date because Medicare will be sending it to the location associated with your Social Security account. To update your address information contact Social Security at 1-800-772-1213 or go online.
2. Your new card will no longer include your Social Security number. It will include your name, new Medicare number, and the dates your Medicare Part A and Part B coverage started.
3. Start using your new Medicare card once you receive it. Destroy the old one immediately, since it contains your Social Security number. If you happen to lose or misplace your card you can get a replacement, but you can also access your new Medicare number on a Medicare Summary Notice or through Medicare.
4. Keep your Medicare Advantage, Part D prescription, and/or Medigap. Continue using your health or drug plan’s card when you get health care or fill a prescription, but know you will also get the new Original Medicare card.
5. The Railroad Retirement Board will issue new cards to Railroad Retirement beneficiaries.

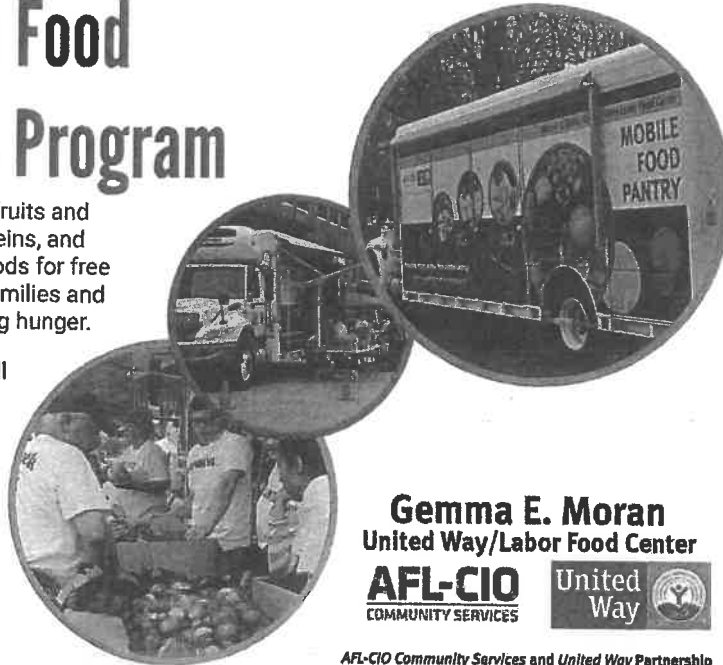
These are just a few quick tips to keep in mind as new Medicare cards are issued. You can find additional information on the release of Medicare’s new card on Medicare.gov. “



Mobile Food Pantry Program

Providing fresh fruits and vegetables, proteins, and other healthy foods for free distribution to families and individuals facing hunger.

This program will not impact your eligibility for other programs!



Gemma E. Moran
United Way/Labor Food Center

AFL-CIO
COMMUNITY SERVICES



AFL-CIO Community Services and United Way Partnership

The mobile pantry makes the below monthly distribution stops.
For the most up-to-date listing, visit
www.uwsect.org/food-center/mobile-pantry-distributions or dial 2-1-1 for free 24/7.

COLCHESTER

297 Old Hebron Rd.
3rd Friday, 1-2 p.m.

GROTON

St. John's Christian Church
346 Shennecossett Rd.
4th Friday, 10-11 a.m.
Date changes: Nov. 30,
Dec. 14

Groton Human Services
2 Fort Hill Rd.
2nd Wednesday, 10-11 a.m.

JEWETT CITY

St. Mary's Church
54 North Main St.
3rd Wednesday, 4-5 p.m.

NORWICH

**Norwich Free Academy
Sachem Campus, 90 Sachem St.
3rd Thursday, 5-6 p.m.
Date change: April 26

**Three Rivers Comm. College
574 New London Turnpike
4th Tuesday, 5-6 p.m.
Date change: Dec. 11

NEW LONDON

**C.B. Jennings Elementary
School, 50 Mercer St.
4th Wednesday, 5-6 p.m.
Date change: Dec. 18

SALEM

Town of Salem
200 Hartford Rd.
1st Wednesday, 5-6 p.m.
Date change: July 10

STONINGTON

**Stonington Human Svcs.
166 South Broad St., Pawcatuck
1st Monday, 5-6 p.m.
Date change: Sept. 10

TAFTVILLE

**Wequoniac Family Resource Ctr.
155 Providence St.
1st Thursday, 5-6 p.m.
Date change: July 12

Please bring your own bags and ID!

**Site moves indoors for winter months.

Feb. 2018